



SPRING TERM NEWSLETTER 2022

Break up for Half Term - **Thursday**, February 10th

Half Term from Monday 14 - Friday 18 February

Spring Term ends - Friday 1 April

Summer Term begins Tuesday 19 April

If your child is unwell or unable to come to pre-school for any other reason please let the setting know by 10am of the morning concerned by **text** to the setting phone on 07968 192246. After that time if we have not heard from you we will contact you to ensure all is well. Please note this phone is not monitored outside of session hours. Absences known in advance may be emailed or texted though the latter is preferred.

Coffee Morning



Keren Hillman, the Little Fishes Pastor, is arranging a coffee morning for Little Fishes parents which will be held in The Hub from 9.30am-10.30am on Wednesday 2nd February. This will be a great opportunity to meet and chat with other Little Fishes parents.

Tea, coffee and pastries will be provided.

Spring Term News



The frosty mornings of the other week allowed some of the children to make some lovely flower/leaf ice pendants which we then hung on the tree.

As we move into spring we'll be using the story of 'The Tiny Seed' to develop the children's interest in growth and the life cycle of plants. Why not try growing some seeds at home too? We'd love to see photos of the results

What parents and carers need to know about early years providers, schools and colleges during COVID-19

<https://www.gov.uk/government/publications/what-parents-and-carers-need-to-know-about-early-years-providers-schools-and-colleges-during-the-coronavirus-covid-19-outbreak>

Information for parents and carers of children including those at registered childcare providers (including nurseries and childminders).

A helping hand for a healthier family

Do you need help to achieve a healthy weight for your child? Be Your Best is a free service for Surrey families with children aged 0-12 who are above the healthy weight range. For more information please open the following hyperlink where you'll find the [Be Your Best - A helping hand for a healthier family](#) flyer.

Children's Health

If your child is unwell, they must not come into Pre-school. Please continue to be vigilant for the signs of Covid-19 which can include cold like symptoms and sickness and diarrhoea.

If children from Little Fishes are found to be a close contact of someone living in the same household with Covid-19 they do not have to self isolate as long as they are not exhibiting any symptoms themselves. It is not recommended that under 5's take daily lateral flow tests for 7 days as older children and adults do in these circumstances but it is advised that they get a PCR test. Please could we ask parents to facilitate this and await results before children return to Little Fishes to help protect other children and staff. Thank you.

What's On At St Paul's Church?

St Paul's
HOWELL HILL

Family Fun weekend
ST PAULS HOWELL HILL, 15 NORTHEY AVENUE, SM2 7HS

Saturday 19 February 10am-2pm
A taster of all we get up to at Holiday Club for all the Family Games, lunch, face painting, craft, drama, and messy games!
Sign up in advance via saintpauls.co.uk/children
£7 per child
Aimed at Families with Children aged 4-11

Sunday 20 February 10am-12 noon
A taster of all we get up to on a Sunday Morning Family Worship, Children's groups, doughnuts, and inflatables

Adults come for free

Subject to Government Guidelines

Outside Play



We like to get out in the garden most days even if the weather is looking a little damp or cold as having an opportunity to learn outside provides children with a greater sense of freedom & space and enables them to grow in confidence. It also leads to

greater social interaction and independence as well as improved health.

Please provide your children with **named** warm coats/fleeces to wear - gloves on strings threaded through their coats are a great idea and also hats or hooded coats. Coats do tend to get dirty so it might be worth considering getting a second hand one just for pre-school use.

The DadPad app is the essential guide for new and soon-to-be dads.



The DadPad was created because babies don't come with a set of instructions, and dads need important information on what to expect and how to care for their baby.

The benefits for a new or soon-to-be dad:

- Reduce their anxiety by getting involved and gaining in confidence
- Learn how to create a strong bond and healthy attachment with their baby
- Build stronger family relationships by sharing the load and learning how to parent together
- Recognise the signs of postnatal depression in both themselves and their partner, and learn how to get help early
- The DadPad is best utilised as early as possible during pregnancy, around birth and beyond, and provides guidance for babies and children up to the age of two. It's particularly useful to have during paternity leave

Note form Surrey County Council

Support

We recognise that some families are continuing to find these times extremely challenging, and we maintain our pledge to support you in any way we can. Please speak to your school with any concerns or issues, otherwise you may find these resources helpful:

- For parents/ carers looking for support with issues related to parenting there is the Children and Family Health Surrey advice line, 01883 340 922, that provides support on all aspects of child health, development, and parenting.
- For those families that are facing financial difficulty, you can find out about support available here
- Information and services for young people in Surrey with special educational needs and disabilities, their families and professionals can be found on the Surrey Local Offer website.
- If you have a concern about the development and/or learning needs of a child in Surrey, you can contact the Learners' Single Point of Access (L-SPA). It is open from 9am to 5pm, Monday to Friday, all year round (except Bank Holidays) on 0300 200 1015.

Nappy/Pull-Up Changing Supplies

Please would you ensure there are nappy sacks and baby wipes in your child's bag alongside any nappies/pull-ups. Please also pop in a small changing mat (disposable ones are fine) as this is more hygienic and avoids your child sharing one with other children. If they are potty training please bring in their own potty/toilet seat in a **named** bag.