



SUMMER TERM NEWSLETTER 2022

Half Term Monday 30th May-Friday 3 June

Sports Day Monday, June 27th (If wet July 4th)

End of Year Celebration Tuesday 19 July 12 noon

Summer Term ends Tuesday 19 July

If your child is unwell or unable to come to pre-school for any other reason please let the setting know by 10am of the morning concerned by **text** to the setting phone on 07968 192246. After that time if we have not heard from you we will contact you to ensure all is well. Please note this phone is not monitored outside of session hours. Absences known in advance may be emailed or texted though the latter is preferred.

End of Year Celebration

Our End of Year Celebration this year will be held on Tuesday, July 19th at 12 noon. All children are welcome to attend even if they are usually not in the setting on a Tuesday. Parents and grandparents are of course also warmly invited.



Increase in Scarlet Fever and Chicken Pox

There has been a recent national increase in the number of cases of scarlet fever and chickenpox. Although the symptoms of the latter are well known those of scarlet fever may be less familiar. Early symptoms include sore throat, headache, fever, nausea, and vomiting. After 12 to 48 hours the characteristic red, pinhead rash develops, typically first appearing on the chest and stomach, then rapidly spreading to other parts of the body, and giving the skin a sandpaper-like texture. The scarlet rash may be harder to spot on darker skin, although the 'sandpaper' feel should be present. Patients typically have flushed cheeks and pallor around the mouth. This may be accompanied by a 'strawberry tongue'. As the child improves peeling of the skin can occur.

Children and adults with suspected scarlet fever should be excluded from nursery, school, or work for 24 hours after the commencement of appropriate antibiotic treatment.

Healthy Eating Week

During our healthy eating week the children made some delicious fruit kebabs which they then ate at snack time. They also had fun using a blender to make tasty smoothies as well as pizzas with their favourite toppings.

If you are interested in finding some alternative ideas for healthy packed lunches take a look at the NHS website:-

<https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/#recipes>



Summer Term News

Sports Day

After two years without our annual sports day it will be lovely to be able to hold it once again this summer. The venue will be the dog free area in Nonsuch Park nearest to Cheam Village and it will be held on Monday June 27th. Parents and grandparents are warmly invited. Please come at your child's usual start time and bring a chair and a picnic lunch! If the weather is inclement and we have to cancel the event we will re-arrange it for Monday, July 4th. Further details will follow. Do look out for your invitation!

Circle Time for Older Children

One of the ways we like to help prepare the Nursery aged children for Reception is to hold a special circle time where they take part in activities linked to the Letters and Sounds programme which generally informs our practice. We learn the first 7 sounds (SATPIN) and explore further rhyme, rhythm and the segmentation and blending of simple words linked to the letters learnt. This will start within the next few weeks.

What's On At St Paul's Church?



Parenting Course Thursdays 10-11.30am for 5 weeks from 9th June-7th July.

A free Parenting Course from Care for the Family providing common sense, jargon-free information and ideas to help you to engage with your children and boost your relationship. Sessions are for anyone parenting children up to the age of 11 years.

Contact kerenh@saintpauls.co.uk for more information. (A creche will be provided)



Health Visitor Advice Line

Families with children from birth to 19 years old can call our Surrey-wide 0-19 Advice Line on **01883 340 922**.

Surrey Family Learning; Free workshops and courses for parents and carers

Need some support with parenting but don't know where to look. Surrey Family Learning offers **FREE** courses and workshops to help you create a better family life.

Are you worried about your child's behaviour or development, or see your child struggling in school?

These courses can benefit you and your child. Book online today at [Surrey Family Learning - Family courses](#)

Take a look at the [Surrey Family Learning - Free](#)

Big Wild Wood Open Day at Nower Wood

Saturday 18 June
2022 10:00am - 4:00pm

Nower Wood
Educational Nature
Reserve
Leatherhead, England

Come and join us for either a morning or afternoon of wild activities at Nower Wood.



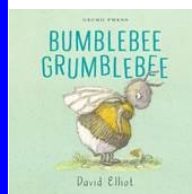
Bump and Beyond: the 4th Trimester, Free Antenatal Sessions



Are you expecting a baby? You and your partner are invited to join a free antenatal session 'Bump and Beyond: the 4th Trimester' run by Children and Family Health Surrey health

visitors. The free sessions are open to everyone living in Surrey from 28 weeks pregnant onwards. Further details, including how to book a session are available via this weblink; [Children and Family Health Surrey - Antenatal](#).

New Book Recommendations from the Book Trust For 0-3s



Author: David Elliot

This fun book encourages readers to have fun with words and is packed full of bold and familiar illustrations.

For 4-5s



Author: Andrea Beaty

Illustrator: Vashti Harrison

This beautiful book display all the ways we express of love and is accompanied by glorious illustrations.

Ready for Parenthood; Crying baby

Are you ready for parenthood?

#ReadyforParenthood



All babies cry, and some cry more than others. Crying is your baby's way of telling you they need comfort and care.

Think ICON: 'I' is for Infant crying is normal. Every baby is different but after about 2-3 months they should start to cry less each week.

Find out what ICON stands for and more about getting ready for parenthood; [NHS South East - ReadyforParenthood campaign](#).